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QUEST COUNSELING & CONSULTING, INC.

Annual Report – 2010

Mission: To provide services that exceeds expectations. We are committed to providing quality client care in an environment that promotes self-discovery and change.

Established in January 2003, Quest Counseling & Consulting, Inc. is a 501 c 3 nonprofit agency located in Reno, Nevada focusing on assessment and outpatient substance abuse and mental health treatment for adolescents, adults and families. Quest is incorporated in the State of Nevada as a nonprofit company and is governed by a volunteer Board of Directors. Quest is state certified by the Substance Abuse Prevention and Treatment Agency (SAPTA) to provide drug and alcohol prevention services, Level I outpatient adult and adolescent treatment, juvenile drug court services and co-occurring services for adolescents.

Quest has several substance abuse treatment grants and contracts that reflect its ability to provide sound fiscal management for the organization. With funding provided by the Substance Abuse Prevention and Treatment Agency (SAPTA) passed through Join Together Northern Nevada (JTNN), Quest provided prevention services for a State Incentive Grant (SIG) – the “Positive Action” curriculum for 7th graders at Vaughn Middle School in Reno. The agency also receives funding from SAPTA to serve 120 adolescents with drug and alcohol issues and a separate grant for 60 teens with co-occurring mental health and substance use disorders.

Additionally, Quest is the sole provider for Washoe County Juvenile Drug Court. Up to seventeen juveniles and their families are provided with evidence based treatment using Multi-Dimensional Family Therapy (MDFT). Three Quest counselors are the only certified MDFT counselors in the State. Almost since its inception, Quest has had a contract with Washoe County Juvenile Services for substance abuse evaluations and counseling for adolescents on probation. Other contracts include Washoe County Department of Social Services, State of Nevada Youth Parole Bureau, State of Nevada Welfare Department, and Victims of Crime.

Quest Counseling offers drug and alcohol evaluations (in English and Spanish) to adolescents and adults and comprehensive substance use disorder and mental health evaluations in English and Spanish. Treatment placement is determined using the American Society of Addiction Medicine Patient Placement Criteria 2nd Edition-Revised (ASAM PPC-2R). If treatment is indicated as a result of the evaluation, the licensed substance abuse counselors provide outpatient care which includes individual sessions at least once a week, group interventions, and case management.

Individual sessions are 50 minutes in length; the client and counselor use this the adolescents explore risk and resiliency factors, develop skills and tools to maintain their drug and alcohol free status, and examine possible barriers to recovery. The clients are also subject to random urinalysis in order to determine compliance with their treatment regimen.

In 2008, Quest also developed an Alcoholic Beverage Awareness Training (ABAT) to provide education to individuals and companies who serve or sell alcohol. (The class was created in response to NRS 369.) This training is approved by the State of Nevada.

Quest Counseling clinical staff consists of appropriately certified or licensed drug and alcohol counselors, licensed marriage and family therapists (or MFT interns), and a contracted psychologist and psychiatrist. The marriage and family therapists provide mental health counseling for the adolescents plus work with clients and their family systems.

Starting in 2007, Quest began offering a program to satisfy the adult Washoe County Court's Diversion program and the Felony DUI Program. Approximately twenty adults per week attend groups and individual counseling at Quest.

Quest Counseling & Consulting, Inc. has worked diligently to affect cooperative relationships in the community over the past nine years. In that time, Quest has provided substance abuse evaluations for over 3100 individuals and counseling for over 2000 people in outpatient treatment.

Since many of the clients at Quest Counseling are connected to educational institutions, the staff also works in cooperation with Washoe County School District (WCSD) counselors and administrators to create a safety network for the juveniles. Quest is also a referral source for family resource centers and for the Substance Abuse Coordinator for WCSD, as well as Northern Nevada HOPES and the Children's Cabinet - Project ADAPT. Additionally, Quest is an internship site for the University of Phoenix, the Center for the Application of Substance Abuse Technologies at the University of Nevada, Reno and Capella University.

**NUMBERS SERVED AT QUEST COUNSELING & CONSULTING
2003 – 2010**

SERVICES	2003	2004	2005	2006	2007	2008	2009	2010
English Evaluations	200	421	413	440	454	371*	369	470
Spanish Evaluations	25	40	50	55	58	44	29	20
Individuals	84	139	236	254	270	246	457	449
Families	38	63	71	80	86	96	84	180
Couples								5

*The reduction in numbers served are a result of implementing MDFT which tends to be a time and resource intensive intervention and a change in policy regarding evaluations at Washoe County Juvenile services.



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BOARD OF DIRECTORS
As of October 2011

<i>OFFICERS:</i>	<i>MEMBERS:</i>
<p><i>President</i> Pam Robinson National Residential <u>TERM:</u> June 2006-June 2008 June 2008-June 2010 June 2010-June 2012</p> <p>Elected President: October 2010-October 2012</p> <p><i>Vice President</i> Tracy Woodfolk Air National Guard <u>TERM:</u> October 2006-October 2008 October 2008-October 2010</p> <p>Elected Vice President: October 2010-October 2012</p> <p><i>Secretary/Treasurer</i> Jeff Scheneman Pfizer Inc. <u>TERM:</u> June 2008-June 2010 June 2010-June 2012</p> <p>Elected President: October 2010-October 2012</p>	<p>Jean Lytle Parent/Community Member <u>TERM:</u> November 2007-October 2009 October 2009 – October 2011 October 2011-October 2013</p> <p>Nicole Shearer Renown Health <u>TERM:</u> September 2009 – September 2011 September 2011 – September 2013</p> <p>Stacy Shamblin Reno Police Department/SET <u>TERM:</u> March 2011 – March 2013</p> <p>Michael Croft Community Member <u>TERM:</u> May 2011 – May 2013</p> <p>Pat Cashell Community Member <u>TERM:</u> August 2011 – August 2013</p> <p>Dane Anderson, Esq. Woodburn and Wedge <u>TERM:</u> September 2011 –September 2013</p>

NOTE: Per the organizational Bylaws board members shall serve two year terms, and are eligible for re-election for up to three consecutive terms. Board officer positions are for a term of two years.

FINANCIAL SUMMARY FOR CALENDAR YEAR 2010

REVENUE:

Fees and contracts	\$478,485
Grant income	639,569
Donations and other income	<u>9,063</u>
TOTAL	\$1,127,117

EXPENSES:

Payroll	\$584,918
Operating and programs	142,331
Professional fees	164,331
Insurance	<u>49,626</u>
TOTAL	\$941,206

Net Income: \$185,911

NOTE: Surplus dollars serve as a two and a half month operating reserve